

# JULY in BITMO's GATE



## Every week

### MONDAYS

**Tea and Toast**—drop in for a chat plus free drinks, toast and jam 9-12

#### Stop Smoking

Call 0800 169 4219 for an appointment on a Monday morning

### TUESDAYS

**Stay and Play with your Under 5s** with Windmill Children's Centre every Tuesday 9-10.30am

**Learn digital skills together**—Tuesdays 1.30pm with Tracey

**Free hot community meal**—served 4 -5.30pm

**Men's Group**—Tuesdays 7-9pm—Men In Need Together (MINT)

### WEDNESDAYS

**Get confidence in your everyday number skills and maths 10am—1pm**

**Social space**—all welcome for a tasty toastie served from **10am—12pm**

**DAZL Dance for Kids 5-11 at 5pm.** Booking required.

**DAZL Dance Fit for Adults at 6pm.** Booking required.

### THURSDAYS

Welcome Space—open 1-5pm—free hot drinks and Wi-Fi

### FRIDAYS

**Breakfast Club**—9.15-11.15. Small donation if you can



## Events

**Stronger Together**—monthly meeting for parents and carers of children up to 25 years with additional needs —**Tuesday 9 July 11am.**

**Repair Café**—bring your broken toys, toasters, lamps along with shoes or clothes and our fixers will try to mend them— **Saturday 20 July 1-4pm.** plus free toasties!

**Belle Isle Gala Feedback & Planning**—**Saturday 20 July 3pm** at BITMO's GATE

**Neurodivergent Stronger Together**—disability support group for adults that are, have or suspect themselves to have a disability, **Tuesday 23 July at 11am.**

## Around Belle Isle



**West Grange Community Garden**—off West Grange Road. Regular gardening sessions at 10.30am on Tuesdays. Call Jo on 07891 271692.

**Julie's Ancestry**—look up your family tree. Fridays 10-12/1-3pm, 26 Belle Isle Circus

**Community Orchard**—gentle Friday gardening sessions. Call Jo on 07891 271692.

**Kids' sports every Tuesday:** Low Grange View 3.30pm  
West Grange MUGA 4.45pm

### Free food and activities for the school holidays. Scan QR code for more details

Every Tuesday - family activity 2-4pm. Hot meal served at 4pm.

Every Thursday — family activity 1-4pm. Sandwich packs from 1pm.

Every Friday —hot breakfast with kids' craft activities 9.15—11.15



## July hours

Monday – Wednesday - Friday 9am—1pm

Tuesdays 1-7pm

Thursdays 1-5pm

Saturday 20 July 1pm—4pm



BITMO's GATE is the old library near Kasa. Please drop in when we are open or phone 0113 378 2190 or 07891 270094. Could you help cook, run a session or work in the community garden? Get in touch!

### Help with computers for BITMO households

**Tuesdays 3–7pm** at BITMO's GATE. Individual help with online services

**Thursdays 1–5pm** at BITMO's GATE. Individual help with online services.

For an appointment please call 07891 270094.

